

Ratonga Taiohi Pānui

what you need to know



Celebrating 11 years of Youth Service

On Sunday 20 August we celebrated our 11th birthday

realising the dreams and aspirations of youth
tau awhitia te taiohi, ka puta ki te wheiao

Youth Service has supported nearly **100,000 taiohi** helping them to achieve qualifications, learn to drive, connect with their communities, gain self-confidence, move into their first flat, get their first job, raise their children and become independent.

Thanks to everyone contributing to an amazing legacy for our taiohi!



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Youth Service client experience survey

for a chance to win a \$50 Prezzy card!

We've sent emails to young people today asking them to complete the Youth Service experience survey. However, we understand that not everyone uses email or regularly checks it.

Here's where we need your help!



We want to know about their experience, whether it was good or bad, so that we can better support young people enrolled in Youth Service.



Could you send the link below, asking young people to take part in the survey? By doing so, they'll be entered into a draw for a chance to win a \$50 Prezzy card!

<https://www.surveymonkey.com/r/YouthServiceNZ>

well-being drop in recap: challenging, traumatic and uncertain times

with Gerard Hoffman from Benestar

This drop in session covered the impact on kaimahi & taiohi of challenges and how we can remain resilient, cared about, and connected.

how OK are you right now? (WHO 5 Wellbeing Index)

On a scale of

- All the time = 5
- Most of the time = 4
- More than half of the time = 3
- Less than half of the time = 2
- Some of the time = 1
- At no time = 0

A score greater than 12 / 25 reflects positive wellbeing
A low score could indicate depression

Over the past two weeks:

1. I have felt cheerful and in good spirits
2. I have felt calm and relaxed
3. I have felt active and vigorous
4. I woke up feeling fresh and rested
5. My daily life is filled with things that interest me

quick tips

1. Be flexible wherever possible: this works for the employer and leaders, as well as employees. From an employee perspective, it's important that we attempt to be flexible in response to our office trying to find it's feet and re-establish some sense of normality.
2. Negotiate new working arrangements
3. Be empathetic and understanding of people's concerns

Staying Effective and Empowering

Disconnected Under-Involved

- Disengaged
- Too much to do
- Unmotivated and detached
- Poor self care
- No sense of feeling valued

Zone of Connection

- Empowering & Collaborative
- Recognising and validating taiohi needs & emotions
- Staying energised and motivated
- Switching off
- Self care

Enmeshment Over-Involved

- Rescuing
- Feeling overwhelmed and out of my depth
- Taking taiohi issues home
- Compassion fatigue

Missed the drop in? or want a recap?
[download the presentation here](#)



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new editable PDF forms uploaded

we've updated all the editable PDF application forms

! check the date to make sure you're using the right forms

YS011W – JUL 2023

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Bookmark this link to the editable PDF application forms

The image shows three overlapping application forms. The top form is 'Accommodation Supplement application form' (YS011W - JUL 2023). The middle form is 'Childcare Assistance applicant's form' (YS011W - JUL 2023). The bottom form is 'Young Parent Payment applicant's form' (YS011W - JUL 2023). A large green arrow points from the 'YS011W – JUL 2023' text to the forms.



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programme fund and personal protective equipment

PPE is anything used or worn to minimise risks to someone's health and safety

PPE can include respiratory protective equipment, hearing protection, eye protection, protective clothing, boots and gloves, earplugs, hi-viz, and safety harness systems.

- Personal protective equipment (PPE) helps keep taiohi safe on the job. It should be the last line of defence after the business has taken all other reasonable actions to eliminate or minimise risks to your health and safety.

Businesses are required to provide workers with PPE

They must provide taiohi with PPE that:

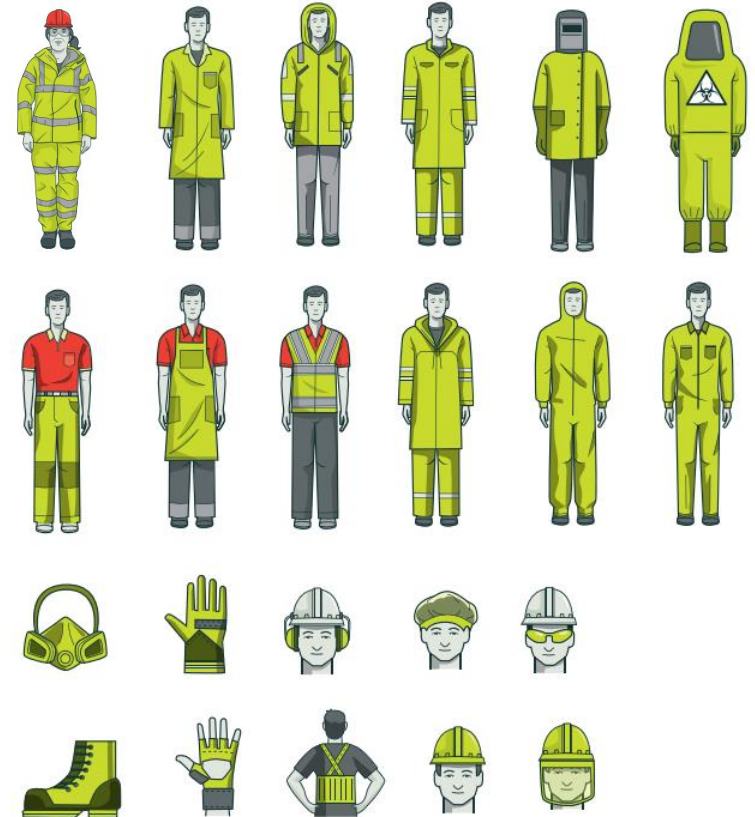
- Is right for the work they're doing
- fits them reasonably comfortably
- works as it's supposed to.

The business must pay for the cost of PPE (unless taiohi are choosing to provide their own).

- The business cannot pass on the cost (in full or part) for providing taiohi with PPE.
- They cannot make taiohi pay to replace any lost or worn out PPE either.

Find out more about employers' obligations here:

[Personal protective equipment – a guide for workers | WorkSafe](#)



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upcoming drop-in sessions

our drop-ins focus on the technical aspects that are unique to our service

Youth coach wellbeing series

10am Tuesday 29 August

Selfcare and working in partnership



Kate Groundwater is one of MSD's Workplace Wellbeing Senior Advisors. Her interest in mental health and wellbeing has seen her complete a BSc with a major in Psychology. This session will cover selfcare and working in partnership, psychological safety and how it can affect team dynamics.

Join via [Teams](#)

emergency housing improvements

9:30am Wednesday 30 August



In this drop in we're going to cover the new measures in place to strengthen the emergency housing system:

1. Supplier standards for EH suppliers
2. Guide for people in emergency housing
3. Resolution framework
4. Updated operational guidance

Join via [Teams](#)

You can find the full drop-in session schedule
on our provider site here:

[drop-in sessions | Youth Service providers](#)

or print the [breakroom poster](#)



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Free webinar Monday 11 September

What would help young people who feel down? The voices of young people

What would help young people who feel down? The voices of young people

Almost 2500 secondary school and kura students in the Youth19 survey commented on *'What is one thing that would help young people you know who have a hard time or feel bad?'* In this webinar we will discuss these results.

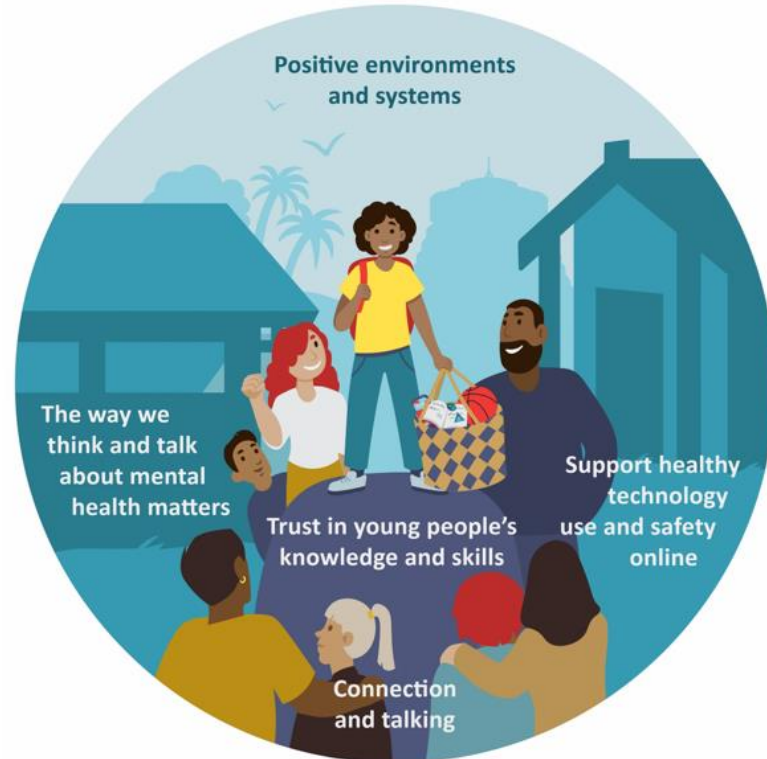
12–12.50pm, Monday 11 September

No registration required.

Join via

<https://hpanz.zoom.us/j/83430159778?pwd=V1ZKSis4TVg3cXZRM0FCWHZ1WU1Qdz09> OR open Zoom and enter Meeting ID 834 3015 9778 and passcode 727407

Presenters: Kylie Sutcliffe, Lovely Dizon, Professor Terryann Clark & Associate Professor Terry Fleming (The Adolescent Health Research Group) and Eden Grimwood (Whāraurau Youth Advisor)



'What would help young people who feel down? Voices of young people' Youth19 Brief funded by Te Whatu Ora | Health Promotion and available on www.youth19.ac.nz/publications



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