

Ratonga Taiohi Pānui

what you need to know



**KIA KAHA
TE REO MĀORI**

5 ways to improve your mental health

next week is Mental Health Awareness Week (18 - 24 September 2023)

Life has been a rollercoaster lately. That's why the Mental Health Foundation is bringing us the Five Ways for the Five Days of MHAW, to give us a set of proven tools to boost our mental health when we need it. These practices are backed by evidence and can be easily incorporated into anyone's life, regardless of their situation.

Monday - Take Notice | Me Aro Tonu

Use today as a reminder to pay more attention to the present moment, to our thoughts and feelings, and to the world around us.

Tuesday - Give | Tukua

Today is all about kindness. When we give selflessly to others, whether through our time, resources, or support, we create a positive ripple effect that extends beyond the people we engage with.

Wednesday - Be Active | Me Kori Tonu

Being active doesn't always mean high-intensity cardio workouts, there are lots of ways you can move your tinana to uplift your mood, reduce stress, and feel a sense of achievement.

Thursday - Connect | Me Whakawhanaunga

A sense of feeling connected, loved or belonging with others is strongly associated with better wellbeing and other health outcomes.

Friday - Keep Learning | Me Ako Tonu

Evidence suggests that learning or trying new things creates a sense of achievement, competence and stimulates engagement with the world around us.

Learn more at mentalhealth.org.nz/five-ways-to-wellbeing

Mā te whakarongo, ka mōhio
through listening, comes knowledge

Mā te mōhio, ka mārama,
through knowledge, comes understanding

Mā te mārama, ka matau,
through understanding, comes wisdom

Mā te matau, ka ora
through wisdom, comes wellbeing



youth service
ratonga taiohi



MINISTRY OF SOCIAL DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA

deep dive into Full and Correct Entitlement (F.A.C.E)

each Thursday we've covered ways you can check taiohi payments are correct

Next week we're going to check the data to see how we're tracking with ensuring young people are getting everything they're entitled to.

We'll send the regional contract managers provider and regional stats on taiohi receiving their full and correct entitlements.

The table below shows the percentages nationally (at the beginning of July) of young people receiving payments, subjected to Money Management, or that have an obligation failure.

| National statistics | Has an obligation failure | Is on Money Management | Receiving Education incentive | Receiving Budgeting incentive | Receiving Parenting incentive | Receiving Accommodation Supplement | Receiving TAS | Receiving Disability Allowance | Receiving TIA |
|------------------------------|---------------------------|------------------------|-------------------------------|-------------------------------|-------------------------------|------------------------------------|---------------|--------------------------------|---------------|
| Full and Correct Entitlement | 2% | 63% | 11% | 47% | 46% | 56% | 6% | 1% | 12% |

FACE stats from July 2023

What you should do next

Check that all your clients are receiving their Full and Correct Entitlement:

- Are taiohi receiving their correct incentive payments?
- Are they able to get Accommodation Supplement, Temporary Additional Support or Disability Allowance?
- Can they apply for Training Incentive Allowance?
- Are they on Money Management or can they come off it?
- Do they have an obligations failure that needs to be resolved?



[Click here to read the FACE guide](#)

Completing a FACE check means you have talked to the taiohi, asked questions, and have a full picture of their situation

Your team leader can contact us at national_youthservice@msd.govt.nz if you want to know your provider stats



youth service
ratonga taiohi

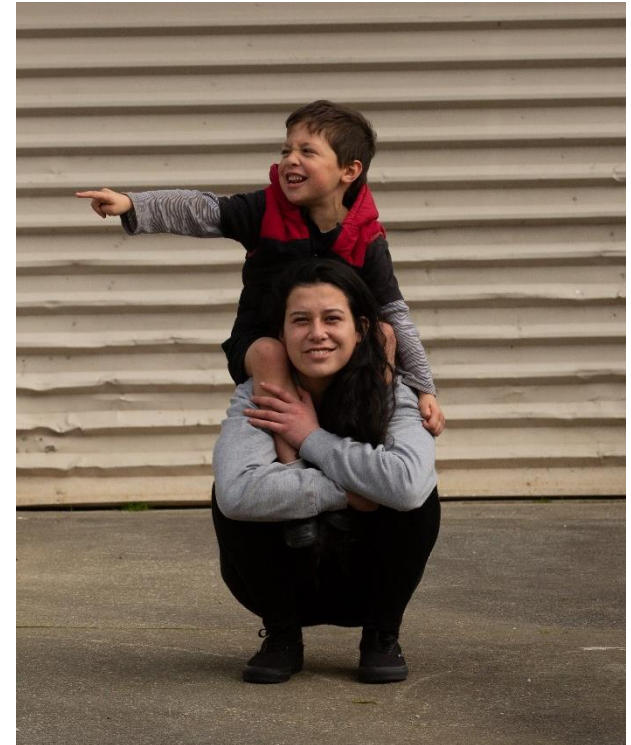


MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA

improving the experience of taiohi

We're going to be updating the YP / YPP / main benefit to YPP application process

- YSSU will create a new YP/YPP Application ART Task: Youth Payment, Young Parent Payment, and Main Benefit to Young Parent Payment. These will be sent to you to follow up
- Providers should send these tasks back to YSSU once all critical documents have been obtained
- All redirection information can be added to this ART task while it's open
- YSSU will keep these tasks open until we have an outcome - Approved or Declined
- More information will come out in the next couple of weeks, with a go-live date set for the start of October



youth service
ratonga taiohi



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA

system upgrades this Sunday

MyMSD, MyStudyLink and Apply Online will be affected

On Sunday 17 September we're upgrading our systems, which will impact MyMSD, MyStudyLink and Apply Online.

They won't be available 9–10am, 1–2pm and 5–6pm, and will display a maintenance page. At all other times, clients can access the platforms' full service.



upcoming drop-in sessions

our drop-ins focus on the technical aspects that are unique to our service

wellbeing series: mental wellbeing and tips for coping psychologically
10am Tuesday 19 September



Gerard Hoffman is a highly trained clinician, facilitator, clinical supervisor, and Wellbeing Consultant. In this session, he'll dig deeper into mental wellbeing and self care, using Te Whare Tapa Wha and practical wellbeing planning.

Join via [Teams](#)

ART for administrators
10am Wednesday 26 September



This drop-in is for anyone that has administration privilege's (e.g. team leaders/managers) in ART. It's going to cover what you need to know to check information is up to date and correct, and where information is pulled from to create the reports that meet the requirements of the Master Outcome Agreement.

Join via [Teams](#)

You can find the full drop-in session schedule on our provider site here:

[drop-in sessions | Youth Service providers](#)

or print the [breakroom poster](#)



youth service
ratonga taiohi



MINISTRY OF SOCIAL DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA

Ratonga Taiohi pātaimai reo Māori

Youth Service Māori language quiz

Thank you to everyone who took part in our Te Wiki o te Reo Māori quiz on Wednesday. It was great to see so many of you there.

and the winner is...

Partners Porirua

Runner up: Life to the Max Horowhenua

Thank you to our host: Russell Hockley from Tuiora in Taranaki

Thank you to our Quiz master: Panapa Poutawa from the Youth Service Wellington office



KIA KAHA TE REO MĀORI



youth service
ratonga taiohi



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA

realising the dreams and aspirations of youth

tau awhitia te taiohi, ka puta ki te wheiao

w: providers.youthservice.govt.nz

e: national_youthservice@msd.govt.nz