



youth service
ratonga taiohi

ratonga taiohi pānui

what you need to know

Rāmere 29 Kohitātea 2026
Thursday 29 January 2026



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIAKO ORA

**Nelson
Anniversary Day**

2 Feb



★★★★★ **NEW ZEALAND** ★★★★★
WAITANGI DAY
— 6 OF FEBRUARY —

keeping taiohi contact details up to date

make sure you have the right contact details in ART

Please check that their mobile number is right and still in use.

They can update this through MyMSD, or you can do it through ART!

email

If a young person is still using their school email, support them to set up a new personal email so they do not miss important updates from MSD.

Support your taiohi to keep their info up-to-date today!

learn more about updating information in ART: [change in circumstances](#)



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reminder to complete the e-learning module



guestbook e-learning modules

to complete youth service e-learning modules, you'll be asked to fill in the guestbook

Over the next month, you'll start being asked to fill in the guest book to our Youth Service eLearning modules.

You'll need to enter your:

- First name,
- Last name, and
- Email address.

We collect this information so we can confirm who has completed each module, track completion for reporting, and ensure you get the right support if you need it.

No additional information is collected, and your details are used only for training and support purposes.



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upcoming letters to taiohi about board and rent

we're sending letters to young people affected by this change



First letter sent on 3 February

This letter explains what their new payments may look like. It also asks them to get in touch if anything in their situation has changed.

If the board amount they told us is different from what their boarder told us, the letter will ask them to talk with their boarder and confirm the correct amount.

Second letter sent after 2 March

This letter confirms what their payments will be going forward.



Find out how young people may be affected:
[young people with boarder or renters](#)



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waitangi day payments



- Waitangi Day is on Friday 6 February this year
- There are **no changes** to payment date



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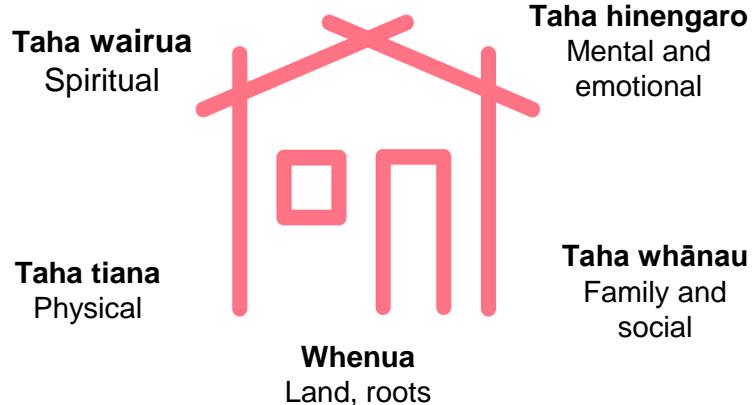


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drop-in recap: keeping ourselves well



Use the Te Whare Tapa Whā module to make sure you are looking after all aspects of your wellbeing



Work related wellbeing: ask yourself....

Do I know what I'm meant to be doing?
How's my workload?
Do I have the right support?
How are my workplace relationships?

Tips for forming new positive habits

- **Be persistent** – on average it takes 66 days before habits became automatic
- **Be realistic about the process** – forming a habit takes patience, self-discipline and commitment.
- **Use self-reflection** – ask: Why haven't you practiced this behavior before? What is stopping you?
- **Get enough sleep** – forming a new habit takes a lot of mental energy
- **Let go of the 'all-or-nothing' mentality** – every little bit counts and doing something is better than nothing
- **Stack your habits** – pair the new habit with an existing habit



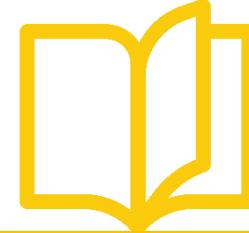
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upcoming drop-in sessions

drop-in to meet other youth coaches and learn about youth service



induction for new coaches Wednesday 4 February, 10am

In this drop-in session we'll cover:

- how legislation and policy determines the way Youth Service operates
- the people and teams that help deliver Youth Service
- where to find information to help you in your role

You'll also get to meet some other new youth coaches and be able to ask us any questions.

[Join the teams meeting](#)

youth service plan and education outcomes Tuesday 10 February, 10am

Youth Service plans are one of the crucial elements of Youth Service. They help taiohi identify their goals and make a plan to achieve them, broken down into 90-day increments. Recently, many taiohi will have earned an NCEA qualification.

In this session you'll learn about recording Youth Service plans and education outcomes in ART.

[Join the teams meeting](#)

yssu applications Tuesday 17 February, 10am

There will be occasions where a Young Person cannot complete an online application for either Youth or Young Parent Payment and will need to complete a Manual Application.

YSSU will share some tips and tricks on everything you need to know about applications.

[Join the teams meeting](#)

You can find the full drop-in session schedule on our provider site
[drop-in sessions | Youth Service providers](#)



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**realising the dreams and aspirations
of youth**
tau awhitia te taiohi, ka puta ki te wheiao

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