

ratonga taiohi pānui

what you need to know

Rāpare 26 Mahuru 2024

Daylight Savings begins



**Don't forget to turn your clocks
forward this Sunday 29 September**

what the traffic light system means for taiohi

from tomorrow taiohi may see the traffic light system colours in mymsd

You may have heard the Government has introduced a traffic light system.

The traffic lights are there to make it easier for taiohi to make sure they are meeting their obligations.

MyMSD

Taiohi will see their traffic light colour in MyMSD from tomorrow if they've been sanctioned recently. By mid 2025 all taiohi will see their traffic light colour.

The colours shown in MyMSD will reflect what's happening with their payments.



Green means the taiohi is on track and getting their full payment



Orange means the taiohi needs to get in touch straight away to either:

- let you know if they have a good reason for not meeting their youth activity obligations
- arrange an activity so they can meet their youth activity obligations again.



Red means their payments have been reduced or stopped. They should get in touch with you immediately (if they haven't already) so that you can help them get back on track.



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what the traffic light system means for taiohi

2025 changes for youth service

In 2025 all taiohi will be included in the traffic light system. The change will mean that all taiohi will see the colours in MyMSD. The obligations and sanctions will remain the same as they are now.



Remember, youth have different obligations – education, engagement, budgeting and parenting.

THEY DO NOT HAVE WORK OBLIGATIONS.

Read more here: [youth activity obligations | Youth Service providers](#)

rāpare rima – mental health awareness week free resources

it's mental health awareness week – here are some online tools to help you help taiohi

1. [Headstrong](#)

A mental health app designed for teenagers (check out the drop-in recap slide for more information)



2. [Kahukura | Outing Violence](#)

Support for Takatāpui and Rainbow people experiencing family or partner violence



3. [Aunty Dee](#)

Aunty Dee helps you help yourself. It's a tool to help you define issues, come up with ideas, and choose a next step

4. [Mental Health Foundation](#)

The Mental Health Foundations has a library of resources



5. [1737](#)

A 24/7 helpline that anyone can call or text



drop-in recap: headstrong

the free science-backed app designed for new zealand taiohi

Headstrong is a digital tool designed to support taiohi in Aotearoa with their mental health and wellbeing.

Key features:

- ✓ Designed for taiohi in Aotearoa
- ✓ Free for anyone in NZ
- ✓ ‘Snackable’ short sessions
- ✓ Culturally relevant to Rangatahi Māori
- ✓ Available as an app or on a computer
- ✓ Free resources available ([order them here](#))

We know that some youth coaches have already used it – here’s what one of you said:

“Love the app already, virtual guide is awesome, user friendly, thank you for this amazing resource for our rangatahi!”

If you have a questions email
annie.jones@auckland.ac.nz or
contact@headstrong.org.nz



Check out their website and socials

[Headstrong website](#)



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upcoming drop-in sessions

drop-in to meet other youth coaches and learn about youth service



transferring between providers Tuesday 1 October, 10am

In this drop-in we'll cover:

- how to accept a transfer
- when to decline a transfer
- how to stay prepared ahead of a young person exiting your service.

Join via [Teams](#)

induction for youth coaches Wednesday 2 October, 10am

In this drop-in session we'll cover:

- the legislation and policy that determines how youth service operates
- the people and teams that help deliver Youth Service
- an overview of the Activity Reporting Tool (ART)
- where to find information to help you in your role.

Join via [Teams](#)

emergency housing Tuesday 8 October, 10am

A few months ago, MSD introduced a rules-based system for emergency housing which requires people to actively work towards improving their housing situation to keep qualifying for emergency housing.

We'll go over the emergency housing changes and answer any questions you have.

Join via [Teams](#)

You can find the full drop-in session schedule on our provider site
[drop-in sessions | Youth Service providers](#)

realising the dreams and aspirations of youth

tau awhitia te taiohi, ka puta ki te wheiao

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